



List of Vetted Non-Governmental Organizations

Food Programs:

- **Food Blessed “Feeding the hungry, one meal at a time”**, co-founded in 2012, is a Beirut-based hunger-relief initiative that works with businesses and civil societies to reduce the number of people going hungry. Their volunteer food rescue program (they collect unsold foods from grocery stores and restaurants) helps to feed the hungry as well as address the problem of food waste in Lebanon.
 - **Direct Donations** can be made [online](#) or by [bank transfer](#)
 - **Access their [website](#), [Facebook](#) and [Instagram](#)**

- **Lebanese Food Bank** is a non-profit, non-confessional, and non-partisan organization established by a group of Lebanese businessmen in 2012 and a member of the Regional Food Banking Network in Dubai. It is presently headed by Mr. Kamal Sinno and is backed by a number of board members. It strives towards the eradication of hunger throughout Lebanon through a range of food, development/training and awareness programs. They are working towards both short-term relief and a long-term sustainable solution to this pressing issue.
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- **Cedar Home for Girls** This Orphanage is a Christian humane society registered as an NGO since 1961. The mission of the society is to take care of abandoned girls and orphans and girls at risk in Lebanon regardless of race, color or religion. An ongoing current project is focused on relief to provide 150 individuals with monthly food and medication support.
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- **Ayadina**, established as an NGO in 2004, works to fulfill its mission of developing the Nabaa/Sin El Fil community in greater Beirut. The organization addresses the needs of underprivileged youth and senior citizens through a number of programs at their community center. Their most important program at this time is the soup kitchen to alleviate hunger in the community. By selecting the Senior Citizens Club button on the donation page, you are helping to fund this soup kitchen and to feed the elderly.
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- **Ahlouna Association** is a civil society organization founded in 2001. This NGO provides sustainable educational and social services for women, youth, children, the elderly and disabled throughout the community of Saida, Lebanon’s largest city in the south. They are currently working to distribute food and other necessities to 1500 of those in need.
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 - **Access their [website](#), [Facebook](#) and [Instagram](#)**
- **Nusaned** (Arabic for “We support”) is a humanitarian, community based and volunteer organization with a focus on sustainability. They believe that the power to create change comes from working collaboratively. Their three main programs were created to provide shelter, food security and economic opportunities to under-privileged communities, supporting them to become self-sufficient and resilient. Roofs that shield have rehabilitated 124 houses through September 2020, crops that yield hopes to distribute 4000 garden starter kits between June 2020 and June 2021, and goods in need has distributed over 3500 food parcels reaching over 15,000 individuals. When you make a donation, you can choose the program you would like to donate to.
 - **Direct Donations** can be made [online](#)
 - **Access their [website](#), [Facebook](#) and [Instagram](#)**

Working with Migrant Workers:

- **Egna Legna Besidet** (Amharic for “From us migrants for us migrants”) This is a community-based NGO (registered in Canada) working on issues concerning migrant domestic workers in Lebanon and Ethiopia. The group stepped in to assist Ethiopian domestic workers recently left at their embassy in Beirut with no means of returning to their homes in Ethiopia. Read [more](#).
 - **Direct Donations** can be made [online](#)
 - **Access their [website](#), [Facebook](#) and [Instagram](#)**



Working with Period Poverty:

- **Dawrati** (Arabic for “My period”) This a new initiative in the process of registering as an NGO in Lebanon. They are a group of women committed to ending period poverty. For many women in Lebanon their monthly period has been made more complicated by the economic crisis. They are forced to choose between buying food and buying menstrual supplies. Many women in depressed areas are being forced to use toilet paper, newspapers and rags during this time. Read more [here](#).
 - **Direct Donations** can be made [online](#) (Please note the [exchange rate policy](#) before making your donation.)
 - **Access their information** on [Instagram](#)

Working with the Elderly:

- **Amour et Partage** is a home/shelter for homeless elderly. This NGO was established in 2003 by Mr. Salah Bouraad. Residents of the home are over 65 and have no children to care for them. The organization offers assistance to a number of people outside the home as well. Their current focus is on maintaining present services and providing food and medications to the elderly in their shelter as well as helping the surrounding community in this time of economic crisis and hunger. Information in English about the organization can be found in this [article](#).
 - **Direct Donations** can be made [online](#)
 - **Access their [website](#)** and [Facebook](#)

Working with the Mentally Challenged:

- **Baitna** (Arabic for “Our house”) is a private voluntary NGO founded in 2006. Their mission is to provide a home for mentally challenged abandoned orphans. Due to the economic situation now, only one floor of the home has been completed. It is home to 15 mentally challenged young and older orphans. For each two orphans, there is one committed volunteer housemother who lives with them to care for them and create a family atmosphere. Baitna’s focus now is on continuing to be able to provide food for those in their care including the housemothers and the purchase of a much-needed new washing machine and small refrigerator, a project that is on hold.
 - **Direct Donations** can be made [online](#) or by [bank transfer](#)
 - **Access their [website](#)** and [Facebook](#)



Providing Medical Supplies:

- **DiaLeb** is a non-profit organization founded in 2011 that aims to promote diabetes care and prevention and spread awareness about diabetes to make living with the disease more manageable for all those affected and their families. One of the organization's programs is to provide monthly medicines and supplies to a number of very poor people around Lebanon who suffer from diabetes. They are a grass roots Lebanese organization that provides medicines and supplies to extremely poor people around Lebanon who suffer from diabetes. Providing these medications costs the organization more than \$2,000 per month and the prices can change at any time. Sometimes it is difficult to acquire the medicine. Read [here](#) about their efforts to help during the pandemic.
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 - **Access their [website](#), [Facebook](#) and [Instagram](#)**

Drug Rehabilitation:

- **Skoun** was created in 2001 to provide drug dependence treatment and care, deliver tools to reduce drug-related harms, and advocate for drug policy reform. It is the first outpatient therapeutic facility in Lebanon to offer prevention and treatment for drug users. The organization is committed to bringing life, health, and hopes to people who use drugs and their families through a sustainable treatment model for Lebanon and the Arab region. Due to the economic crisis in Lebanon, Skoun has had to cut back on their staff and some programs. Their current emphasis is on the treatment center (which is most in need of assistance) so they can continue their treatment program for patients. More information can be found at [here](#).
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 - **Access their [website](#), [Facebook](#) and [Instagram](#)**