

# Health - Past, Present and Future

Supporting the **well-being of women and children worldwide**

Special focus on:

- elder care,
- breast cancer awareness and support,
- mental health,
- menopause and perimenopause



# Past - Building the Foundation



**109 articles** covering **health awareness, global health issues, and evidence-based resources**

from breast cancer and menopause to HIV/AIDS and climate-linked disease



**Webinar series** on **perimenopause, cervical cancer/HPV, and cognitive health** from FAWCO experts



**"My Personal Story"** series from members sharing real experiences: **surgery** abroad, living with **chronic conditions**, navigating **healthcare** in a foreign country



**Cross-team collaboration** — Health + Human Rights on **trafficking** as a health issue; Health + Environment on **typhoid** outbreaks and climate

# Present - 2026 Monthly Health Themes



# Future - Expanding Our Impact

- Supporting Target Project 6
- Educational health resources - themes and toolkits
- More discussions and webinars - taking your suggestions!!!
- Practical tools for prevention and healthy aging
- Global Grandparenting resource - survey available at Face2Face
- Collaboration across FAWCO clubs