



# HEALTH TEAM

**INFORM - EMPOWER - CONNECT - ADVOCATE**

## Advocating for the Rights of Women & Girls Worldwide



Ensure healthy lives and promote well-being for women at all ages and stages.

**Global Goals + Local Action = Impact**

### Elder Care

Women live longer but often with fewer resources and less support. Advocating for dignified aging, caregiver recognition, and healthcare systems that serve women across the lifespan.

### Breast Cancer Awareness

1 in 8 women will face breast cancer in their lifetime. Early detection saves lives. We advocate for screening access, education, and support for survivors worldwide.

### Menopause & Perimenopause

Half the world's population will experience menopause—yet it remains under-researched, under-discussed, and poorly supported. We're changing that conversation.

### Mental Health

Depression is the leading cause of disability worldwide—and women are twice as likely to be affected. We're working to break stigma and advocate for accessible mental health support.

## READ - SHARE - ADVOCATE

**READ** — Explore articles, wellness resources and member stories.

**SHARE** — Start health conversations in your clubs.

**ADVOCATE** — Speak up for women's health—at every age and stage.

## Thrive with the Health Team

[www.fawco.org/global-issues/health](http://www.fawco.org/global-issues/health)  
[health@fawco.org](mailto:health@fawco.org)