The American Hour's March 2014 Email Newsletter

Welcome to **The American Hour's March Email Newsletter**, and hopefully the beginning of a beautiful spring! We were so pleased to see so many of you at the Annual Expatriate Conference & Exhibition this year – we welcomed over 600 visitors on the day! Thank you to those who joined us – we hope that you made some useful connections.



Please like us on **Facebook** by clicking this link: **FACEBOOK**. We continue to update followers with information, events and special offers or competitions. We now have over 250 followers and want to grow, so please 'like us'.



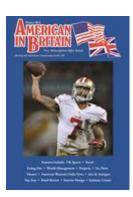
We are also Tweeting and have over 500 followers, so please follow us

@AIBmagazine

Check out our blog here

If you have any friends or colleagues who you think would like to receive this Newsletter, please do pass on our details or tell them to visit the Newsletter section of www.theamericanhour.com

AMERICAN IN BRITAIN MAGAZINE - FREE SUBSCRIPTION OFFER!



The winter issue of American in Britain magazine has been published. This issue features reviews of Strangers On A Train, From Here To Eternity and Jeeves & Wooster in Perfect Nonsense; restaurant reviews of Moti Mohal in Covent Garden, Bo Lang in Chelsea, and Andre Garrett at the beautiful Cliveden. Our travel review features our recent trip with Azamara Club Cruises and a hotel review of The MacDonald Bath Spa Hotel. Other articles include Interior Design, Top Tens: London's Top Cocktail Bars, Property Focus on Battersea & Nine Elms, Stella & Dot in the UK, Top Tips For Breaking The Stalemate Of US Tax Returns plus all the regular features. To view the magazine online please click here.

To enjoy a **free subscription** to *American in Britain* <u>click here</u>. If you meet, or know of any American families who are new to the UK, please tell them about the magazine and **www.theamericanhour.com** in case they haven't found us already.

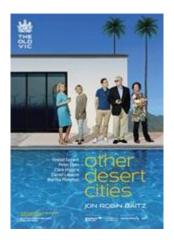
PLEASE VISIT <u>www.theamericanhour.com</u> FOR FURTHER UPDATES, INFORMATION AND USEFUL ADVICE

COMPETITIONS & OFFERS

WIN ONE OF THREE PAIRS OF TICKETS TO SEE THE PAJAMA GAME



WIN A PAIR OF TOP PRICE TICKETS TO SEE OTHER DESERT CITIES



WIN A ROCK STAR EXPERIENCE AT HARD ROCK CAFE LONDON



WIN ONE OF TEN PAIRS OF TICKETS WE HAVE TO GIVE AWAY FOR THE COUNTRY LIVING MAGAZINE SPRING FAIR



EXCLUSIVE READER DISCOUNT ON CUTHBERT JAMES SAVILE ROW SUITS

CUTHBERT JAMES SAVILE ROW LONDON

CLICK HERE to visit the website to enter these competitions or see further information on the offers

WIN ONE OF THREE PAIRS OF TICKETS TO SEE THE PAJAMA GAME



***** The Guardian

'Sizzling with hit songs and positive energy'

Evening Standard

Richard Eyre's sensational production of the Broadway classic *The Pajama Game* will transfer to the West End for a limited season following a critically acclaimed, sold out run at Chichester Festival Theatre, starring Olivier-award winning Joanna Riding and Michael Xavier, with Peter Polycarpou until 31 May and Gary Wilmot from 2 June.

In 1950s America, love is in the air at the Sleep-Tite Pajama Factory as handsome new Superintendent Sid Sorokin falls head-over-

heels for feisty Union rep Babe Williams. Sparks fly when the employees are refused a seven-and-a-half cents an hour raise, leaving Sid and Babe deliciously at odds as the temperature rises in this buoyantly blissful blend of romance and comedy. Will love, eventually, conquer all?

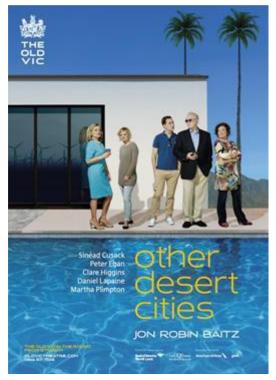
The Pajama Game features the classic songs including: Hey There, Once-A-Year Day, Hernando's Hideaway, There Once Was A Man and Steam Heat.

www.thepajamagamethemusical.com

TO ENTER THE COMPETITION TO WIN ONE OF THREE PAIRS OF TICKETS

CLICK HERE

OTHER DESERT CITIES AT THE OLD VIC – WIN A PAIR OF TOP PRICE TICKETS



13 March – 24 May 2014

'The most richly enjoyable new play for grown-ups'

New York Times

Pulitzer Prize finalist and creator of hit TV series, Brothers & Sisters and contributor on The West Wing, Jon Robin Baitz has taken America by storm with his Broadway debut. Other Desert Cities, an acidly witty and deeply affecting tour de force, melds the political and personal with electrifying results. Nominated for five Tony Awards, the award-winning play now makes its UK premiere at The Old Vic with Lindsay Posner (Noises Off and The Winslow Boy) returning to direct the stellar cast, Sinéad Cusack, Peter Egan, Clare Higgins, Daniel Lapaine and Martha Plimpton.

It's Christmas Eve in Palm Springs. Novelist Brooke Wyeth is back home to celebrate the holidays with her well-heeled parents, brother and aunt. But the long-

awaited reunion is soon set alight by a bombshell – Brooke is to publish a tell-all memoir. Exposing the most painful chapter of the Wyeth's buried past and threatening to destroy everything her famous parents hold dear, Brooke's revelation pushes fractured family relations to the point of no return.

To book tickets or for more information, call the box office on **0844 871 7628** or visit **www.oldvictheatre.com**

TO WIN A PAIR OF TOP PRICE TICKETS CLICK HERE

CHOOSING AN AMERICAN UNIVERSITY EDUCATION

Making wise choices – from test prep to college applications to enrolment









Saturday, March 22, 2014, 2-4 pm

Florida State University, 99 Great Russell Street WC1B 3LA London

College Goals' Joyce Reed, former Associate Dean at Brown University; Andrea van Niekerk, former Associate Director of Admission at Brown; and Jilly Warner, former Associate Director of Admission for International Students at The University of Vermont share their deep knowledge of the American university admission process with students and families to help them make wise choices from application to enrolment. Joining them, top New York SAT and ACT tutor Karen Berlin Ishii will discuss college test preparation. In this 2-hour presentation, the experts will share their best

tips and advice. Parents and students will learn the steps to prepare for US university application and admission success and have the opportunity to ask their own questions during a question and answer period.

Learn more about this event and register at www.collegegoals2014.eventbrite.com

E-LINE ORTHODONTICS



E-Line Orthodontics is a smart, modern, well equipped and beautifully designed West End practice situated in the heart of London's private medical district. As one American lady exclaimed when she walked through the front door, "This is so Park Avenue!"

Dr. Stephen Hopson, founder and owner of E-Line, is one of a very few American trained orthodontists practicing in Britain at this present time. He has assembled a highly trained team of orthodontic therapists, nurses and administrative staff to give the client here the very best orthodontic experience possible. E-Line welcomes both children and adults for a highly

individual treatment that is perfectly tailored to the client - we want the treatment to fit the patient and not the other way around.

We offer a range of options from fixed appliances applied to the outside or inside surfaces of the teeth, to Invisalign®, the removable aligner system. Attention is given not only to the cosmetic aspect of orthodontics, but also to the biomechanics of the mouth and jaws; if the bite doesn't feel right, then no matter how straight the teeth, we know the treatment isn't finished yet. Other practices may promise speed and quick results, but here at E-Line, although we try to finish treatments within a time limit pleasing to the patient, we know that ultimately there is no such thing as a "quick fix" in orthodontics.

Dr. Hopson also works closely with top maxillofacial surgeons in such aspects as retrusive or hyper extended lower jaws, or very pronounced overjets – combining orthodontics and surgery where one specialty on its own may not give the optimum result desired by the client.

E-Line Orthodontics is above all a family practice, where children often come to be treated along with their parents. The atmosphere is calm and relaxed, and there is definitely no "conveyor belt" attitude to treating people. Like every treatment we provide, we strive to keep the individual feeling individual.

e-Line Orthodontics Ltd. 21 Devonshire Street London W1G 6PB t: 020 7467 5700

www.elineorthodontics.co.uk

DR MARK BARRETT - DENTIST

"We are delighted to have started to work with *American in Britain* and www.theamericanhour.com, and their readers, and we would like to welcome patients of all ages to the private dental practice of Dr Mark Barrett, which is located in Central London on the second floor of a Georgian Mansion block in Cavendish Square".

Dr Barrett trained as a dentist at University College London and subsequently decided to undertake specialist training and was accepted onto the three year Master's degree programme in Prosthodontics at the University of Texas at San Antonio, which he completed in 1991.

Dr Barrett provides general dentistry and specialist restorative services including crowns, veneers, dentures, implants and cosmetic treatments including teeth whitening. The practice has three hygienists for cleaning and preventative dental advice. In addition we have a network of trusted colleagues to provide oral surgery, periodontal, orthodontic and root canal referrals. Dr Barrett also provides dental rehabilitation for the patients undergoing cancer treatment at the Macmillan Cancer Centre at University College Hospital, London.

Dr Barrett regularly attends dental conferences in the UK and the United States. He is a member of the British Prosthodontic Society, The American College of Prosthodontists and the American Dental Society of London. He is the current President of the American Dental Society of London for the 2013/14 season — a society formed in 1907 for dentists who have undergone advanced training in the United States. He is registered with the General Dental Council as a Specialist in Prosthodontics (no: 60751).



The practice philosophy is to encourage our patients to maintain their own teeth by teaching the correct preventive techniques. When treatment is necessary, Dr Barrett will explain the options available and provide the latest proven techniques.

The team is dedicated to providing a high level of personal service to ensure that the overall treatment is as comfortable and efficient as possible. We recognise that many patients are nervous of visits to a dental practice and we will do our best to make sure you are as relaxed as possible by taking time to understand your individual needs.

Please visit the practice website www.markbarrettdentistry.co.uk or follow Twitter @MBarrettDentist. If you would like to make an appointment to see Dr Barrett – please call 0207 580 2500 or email reception@markbarrettdentistry.co.uk.

WOMEN'S HEALTH SCREENING PACKAGES NOW AVAILABLE AT THE LISTER HOSPITAL



The Lister Hospital is pleased to offer various screening packages for women wishing to have a comprehensive health check-up. The bespoke screening packages all include a consultation with one of our consultant gynaecologists, whereby a full medical history will be taken and your blood pressure, height, weight and BMI will be measured. Anyone can self-refer for these screening packages as they're not covered by private medical insurance.

We have six packages available, covering specific areas within women's health, and each package includes a range of tests specifically designed to investigate an area of concern as well as to deliver a holistic set of results that will allow our consultants to fully understand a patient's gynaecological health.

The packages include:

- Contraception
- Female sexual health
- Fit for fertility
- Managing the menopause
- Ovarian screening
- Well Woman (general health screen)

The cost of these health screens start from £380.00 and can be booked through the Women's health and wellbeing team.

t: 020 7881 2004

e: listerwomenshealth@hcahealthcare.co.uk

To find out more and to see what tests are included in each package please visit the website: www.listerwomenshealth.com

AMERICAN IN BRITAIN SPECIAL READER OFFER AT



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THE COUNTRY LIVING SPRING FAIR – 19 to 23 MARCH 2014 (READER DISCOUNT & WIN ONE OF 10 PAIRS OF TICKETS)

- Fresh ideas for the home, the garden and you

To celebrate the warm days ahead, and put a spring in your step, visit to the Country Living Magazine Spring Fair to gather lots of inspirational ideas for the home and the garden – and a little self-indulgence too. From Wednesday 19 to Sunday 23 March at the Business Design Centre, Islington, London N1, the Fair is a wonderful day out. www.countrylivingfair.com

Find inspiration amongst the hundreds of unique enterprises presenting contemporary crafts, beautiful textiles, vintage interior furnishing, gardening accessories, stylish fashion, handmade jewellery and bespoke millinery - ideas as individual as you are, that you won't find on the high street. Have fun with friends in the hands on workshops and demonstrations to learn how to make delicious chocolates or discover your hidden talent for painting and other creative crafts. Support

the dedicated producers who will whet your appetite with their mouth-watering cheeses, wines and cordials, salami and sausages and other regional fare. Admire a wonderful Spring garden designed by award winning Horticolous and take home memories and mementos from a very special day.



This year there's so much more to discover at the Country Living Magazine Spring Fair so book your tickets now and take advantage of the special advance price.

Special readers' ticket offer – special price of £12.00 by quoting CL14S3.

(As opposed to the ticket price on the door which is £16.50) Tickets must be booked no later than 1pm on the day before the due visit.

TELEPHONE: 0844 848 0160; or book online at www.countrylivingfair.com/spring

All ticket bookings are subject to a £1.50 booking fee per booking (not per ticket).

Web: www.countrylivingfair.com

TO WIN ONE OF 10 PAIRS OF TICKETS CLICK HERE

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FREE DAY TRIP TO THE COTSWOLDS SUNDAY 9 MARCH



We would like to invite you to experience first-hand our fully guided personal tours. Our Cotswolds tour will take you to several of the lovely villages including; Bourton-on-the-Water, Stow-on-the-Wold, Broadway etc.

There is a nominal £15.00 per person booking fee. To reserve your place on this trip

Call Laraine 01923 286150 or email **Gemmaway@aol.com**

HOLLAND IN SPRINGTIME - 3 - 5 MAY (HOLIDAY WEEKEND) £335, Children from £235



Enjoy Flowers, Windmills, Cheese and Clogs at this colourful time of year.

Visit the world-famous Keukenhof Gardens, Amsterdam,

The pretty town of Delft with a visit to the famous pottery and much more!

4 Star Hotel in The Haige with breakfast.

THE LAKE DISTRICT IN SPRING - 24 – 26 MAY (HOL. WEEKEND) £295, Children from 195



Experience one of England's most beautiful National Parks,

The Lake District is an area of magnificent lakes and mountains.

Visit Beatrix Potter's and William Wordsworth's cottages and take a scenic boat trip on one of the many lakes.

3 Star Historic Hotel with breakfast & dinner on first night.

NORMANDY D-DAY 70TH ANNIVERSARY TOUR INCL. MONT ST MICHEL - 21 – 24 JUNE £445, Children from £300



Our expert guide will bring alive the momentous events of 70 years ago!

See and experience all the D-DAY Beaches.

Also visit Mont St Michel and the historic Bayeux Tapestry.

3 Star Hotel in BAYEUX including breakfast

PLAN AHEAD: EDINBURGH FESTIVAL AND MILITARY TATTOO WEEKENDS - EVERY WEEKEND IN AUGUST!



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FESTIVAL and the amazing ROYAL EDINBURGH MILITARY TATTOO.

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visit www.gemmaway.com

LOOKING FOR WEALTH MANAGEMENT ADVICE? CLICK HERE TO READ AN ARTICLE 'SIMPLICTY & SOPHISTICATION' BY MASECO

TOP 9 BANDS HAVE BEEN CHOSEN TO PERFORM LIVE IN HARD ROCK LONDON

The bands entered in their hundreds.....the fans voted in their thousands and now we have our London finalists for Hard Rock Rising - Battle of the Bands!



Hard Rock International continues its commitment to emerging musicians with this year's Hard Rock Rising, the world's largest and most far-reaching battle of the bands competition. Hard Rock Rising supports the musical careers of aspiring artists around the globe by giving one local band the opportunity of a lifetime – the chance to Rock Rome in front of 40,000 fans!!

The entry period has now closed and over 300 bands have applied for the London battle. Top 9 with the most votes have been chosen, they will rock it out in the cafe over the next few

weeks. Come and support your favourites on the following dates:

Heat 1 - February 27th: Blind Pilgrim, Black sixteen & Roy Peplow Acoustic

Heat 2 – March 5th: Unsung Lilly, Hadrianuk & Rabbit Foot

Heat 3 - March 11th: Motorcycle display team, Plastic barricades & Bryony Brooke

The Bands will play a live set each and will be judged by our fantastic panel of industry judges. The winner of each Heat will be announced on the night, with the three winners playing at the live final on the 18th March.

Come and enjoy some great live music, and check out the hottest new talent to come out of London. Visit www.hardrock.com/london

COMPETITION TO WIN A TRUE ROCK STAR EXPERIENCE!



This month we are offering one lucky winner a true **ROCK STAR** experience. The winner and 5 friends will attend a private tour of *The Vault*, which contains some of our most prolific music memorabilia of all time, complete with cocktail reception and nibbles!

The Vault, located under The Rock Shop, houses some of the most valuable pieces of memorabilia in Hard Rock's collection, from Madonna's Jean Paul Gaultier Basque that she wore on her 'Blonde Ambition' tour, Jimi

Hendrix's custom made Flying V to Kurt Cobain's guitar. We are also very privileged to have a hand edited version of 'Instant Karma' by John Lennon - a true work of art in progress piece.

For your chance to win this **Rock Star** experience <u>click here</u>

For further information on Hard Rock London visit www.hardrock.com/london

JW STEAKHOUSE – BRITISH PIE WEEK, 3-9 MARCH 2014

From the 3 – 9 March, pie fans throughout the UK will join together to celebrate the great British classic, the pie, for British Pie Week. Once again, JW Steakhouse will be participating. Head Chef Julian Ward has created a short rib and bone marrow pie for one week only, so come and visit JW Steakhouse to try it during British Pie Week 2014. Available for both lunch and dinner at £18. For more details call ext. 8460 or visit www.jwsteakhouse.co.uk.

Short Rib & Bone Marrow Pie by Head Chef Julian Ward



Ingredients - serves 4-6

- 4kg/9lb beef short ribs
- salt and freshly ground <u>black pepper</u>
- 50ml/1fl oz vegetable oil
- 2 <u>carrots</u>, peeled and roughly chopped
- 1 <u>leek</u>, roughly chopped
- 1 head garlic
- 2 tsp black <u>peppercorns</u>
- 4 star anise
- 6 <u>onions</u>, 3 chopped, 3 sliced
- 300ml/10fl oz red wine
- 110ml/4fl oz port
- 4 litres/7 pints¾fl oz beef stock
- 6 sprigs fresh thyme, leaves only
- 4-6 x 10cm/4inch beef marrow bones

Method

For the pie filling, season the ribs with salt and freshly ground black pepper.

Heat a large casserole dish until hot, add half of the vegetable oil and then add the seasoned short ribs. Fry until browned on all sides.

Remove the ribs from the pan and place onto a wire rack suspended over a plate.

Add the carrots, leek, garlic, peppercorns, star anise and chopped onion (reserve the sliced onion) and fry for 4-5 minutes, or until golden-brown.

Add the red wine to the pan, bring to a boil and then reduce the heat to a simmer. Cook until syruplike in consistency and reduced in volume by three-quarters.

Return the beef ribs to the pan, cover with the beef stock and bring to the boil. Cut out a greaseproof paper lid the size of the pan. Skim off any impurities from the surface of the liquid with a spoon, cover with the greaseproof paper lid, turn the heat down low and simmer for three hours, or until the meat is tender and falling off the bone.

To finish the beef, preheat the oven to 200C/400F/Gas. Spoon the braised beef into 4-6 ovenproof dishes. Place a marrow bone in the centre of each dish and top with hot water crust, then cook about 15 -20 min until golden brown.

www.jwsteakhouse.co.uk

BRINGING SPARKLE TO THE UK FROM AMERICA

Katherine Shiatis came to London in 2001 in search of adventure. She soon fell in love with London,



married a Brit and they now live here with their two daughters. Katherine was a teacher in New York and went on to become the Head of Lower School at a London private girls school before taking time off for maternity leave. In order to spend more time with her daughters, Katherine decided to teach part-time.

Every summer, Katherine and her family travel to the States to spend time with her American family and friends on the East Coast. One summer, she was invited to a Stella & Dot trunk show and so the story began. She had never seen anything to match this fashionable and affordable jewellery and decided to buy several pieces. Whenever she wore the jewellery she would receive compliment after compliment.

Katherine learned that Stella & Dot was coming to the UK. She decided to take a peek, and in October 2011 she became a founding stylist. This meant she was one of the first to bring the incredible, media-loved brand to the UK.

Katherine has experienced incredible success with Stella & Dot and has therefore decided to make it a full-time career. She loves the flexibility, which allows her to organise her work around her family and social life. She arranges 4-6 trunk shows a month (a Trunk Show being a 'pop-up' boutique in someone's home) and has gone on to sponsor over 80 other women in four countries (UK, USA, Germany and France), all of whom were keen to start their own business as a jewellery entrepreneur. For some of her stylists this is their main business, for others it is part-time and

tailored to fit around their other work commitments or their family life. Regardless, they are generally smart women looking for a way to either supplement their income, or find a way to work flexibly around their other commitments, and Stella & Dot has been the answer!

Katherine has been promoted to Associate Director and Founding leader in the UK. In 2012, she was presented with the Company's most prestigious award for Spirit of Leadership — a huge honour voted for by fellow Stylists to recognise someone who has not only gone above and beyond to support other Stylists but also always leads by example and with grace.

"I love my job with S&D! It is better than my cup of coffee in the morning! I jump up and can't wait to start my day. I love a challenge, the jewellery but most of all I love the community of women! I joined at the very beginning...I had never done anything like this before. I am a teacher and a mum...NOT in the world of sales. I heard the ethos of the company and a voice inside my head said "Just give it a try!" I now cannot imagine my life without S&D!"

"Stella & Dot, an Inc 500 Fastest-Growing Company, is a social selling company that creates flexible opportunities for women to be 'work from home' entrepreneurs. We believe everyone deserves great style, fun and opportunity in their everyday lives, and we're dedicated to providing it in a personal way. That's why we sell our line exclusively through friendly Stella & Dot Stylists online and at in home trunk shows. Customers and hostesses adore the style, and each Stylist is able to build their own flexible, modern business on a foundation of irresistible product and exceedingly personal service. Go ahead and indulge your friends in a little girl time and shopping by hosting a private party. And don't be surprised if you enjoy the experience and the rewards so much you decide to join us as a Stylist. We'd love to have you!"



The Times, Wall Street Journal and The Mail on Sunday have praised Stella & Dot for our innovative social shopping concept which brings together the best of ecommerce, social media, personal service and passionate earning to create the ultimate home based business for today's modern woman.

'I love London and my life here and, as an American living abroad, I was always looking for connections and deeper roots in a country that did not seem familiar. I was looking for a sense of community. Stella & Dot has provided me with an opportunity to meet and connect with other women in a meaningful way and build true friendships.'

For Americans who live in England, Stella & Dot is an intriguing opportunity. And if you ever decide to return to America, your business can travel back across the pond with you.

Katherine's future goal? 'I am aiming to be a Director and beyond. I want to provide a positive role model for my daughters, doing

something that I love whilst still being there for them 100%. After all, they only have one childhood and I only have one chance to share their life and have a front row seat in their journey.'

Should you like further information feel free to be in touch with Katherine. Whether you are interested in purchasing the latest on-trend style, hosting a trunk show or even starting your own fashion business, Katherine will be there to help you along your way.

Katherine_Shiatis@me.com

www.stelladot.co.uk/katherineshiaits

(article published in *American in Britain*, winter 2013)

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FOR INFORMATION ON VARIOUS POPULAR PARTS OF LONDON WITH THE AMERICAN COMMUNITY VISIT THE **LIVING IN** SECTION OF THE AMERICAN HOUR WEBSITE

LOOKING FOR A RELIABLE CLEANING COMPANY TO HELP WITH A SPRING CLEAN? SPECIAL RATES IF YOU MENTION 'AMERICAN IN BRITAIN'



We help busy people like you get a better balance between the things you need to get done, and the things you rather be doing instead, once you get used to the fact that you have someone you can trust to help you, you'll wonder how you ever managed without us!

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t: 07775 792093 www.advancecleaningservice.co.uk

SEE SOME OF OUR LATEST REVIEWS ON OUR EATING OUT BLOG HERE

Including MOTI MOHAL, AUTOMAT, WHYTE & BROWN, THE BALCON, THE BRITISH PULLMAN, HARD ROCK CAFE LONDON AND BODEAN'S BBQ - more to be added!

US TAX ADVICE FOR AMERICANS LIVING IN THE UK

H&R BLOCK'S ROLAND SABATES GIVES US EXPATS HIS TOP TIPS FOR BREAKING THE STALEMATE OF US TAX RETURNS – CLICK HERE TO READ THE ARTICLE

ARE YOU LOOKING FOR TAX ADVICE OR CONTACTS WHILST LIVING IN THE UK? IF SO, VISIT THE **TAXATION PAGE** OF THE AMERICAN HOUR WEBSITE FOR THE LATEST INFORMATION, ARTICLES FROM AMERICAN IN BRITAIN MAGAZINE AND USEFUL LINKS. PLEASE BE SURE TO MENTION THE AMERICAN HOUR TO ANY OF OUR SPONSORS.

LOOKING TO MOVE IN LONDON OR THE HOME COUNTIES THIS YEAR?



Knight IF SO, PLEASE VISIT THE LIVING IN SECTION OF THE AMERICAN HOUR WEBSITE. THIS PAGE HIGHLIGHTS DETAILED INFORMATION ON POPULAR AREAS OF LONDON AND THE HOME COUNTIES. PLEASE ALSO SHARE THE PAGE WITH ANY FRIENDS MOVING TO LIVE IN

THE UK - OR THINKING ABOUT IT! THE EXCELLENT CONTENT COMES FROM OUR SPONSORS, KNIGHT FRANK, AND PLEASE BE SURE TO MENTION THE AMERICAN HOUR IF YOU SPEAK WITH THEM!

FAWCO – THE FEDERATION OF WOMEN'S CLUBS OVERSEAS



FAWCO'S INTERIM CONFERENCE, KICKING OFF IN BRUSSELS, BELGIUM ON MARCH 13 WILL COVER A VARIETY OF ISSUES AFFECTING AMERICANS LIVING ABROAD



Over 150 delegates are expected to participate in FAWCO's Interim Conference at the Sheraton Brussels on March 13-15, 2014. Conference attendees will spend the week being briefed on issues facing Americans living abroad. The full conference agenda is available on FAWCO's website www.fawco.org

The conference's keynote speaker will be Nikolaus G. van der Pas who has devoted almost his entire career to European integration. His work with the European Commission began in

1963, from general information officer to press spokesman to external relations advisor. Mr. van der Pas's duties with the European Union included Director-General for Education and Culture from 2000-2005 as well as that of Director-General for Employment, Social Affairs and Equal Opportunities from 2006 until his retirement in 2009. Since then he has advised CSR Europe (Corporate Social Responsibility) and Brussels think tanks. He is also involved as a Trustee in the European Opera Centre, a charity organization supporting young singers from all over Europe.

This year's human rights speaker will be Biljana Braithwaire, Legal Consultant for the Advice on Individual Rights in Europe Centre (AIRE). Braithwaite has been with the AIRE since 1998 and currently runs the Centre's South Eastern Europe programmes. Biljana regularly lectures on the European Convention, focusing in particular on property rights and the Court's jurisprudence from South Eastern Europe. She is also co-editor of the AIRE Centre's Human Rights Bulletin, an international legal review providing a monthly analysis of key human rights judgments by the Strasbourg Court for the legal communities.

Additional conference speakers will include Peta Chow of the Expatriate Archive Centre, who promotes the work of the archive to a global audience and Amanda Klekowski von Koppenfels, Ph.D, author of "Migrants of Expatriates? Americans in Europe" who will lead a workshop examining what is known about overseas Americans. Historian Kenneth Nesbitt, author of "The Battle of Waterloo – The Birth of Modern Europe", will lead a presentation exploring the circumstances surrounding Napoleon and the battle of Waterloo.

The conference highlight will be the announcement of the FAWCO's Target Project focusing on Human Rights for Women – Protecting the Rights and Improving the Lives of Women and Girls Worldwide. Out of 12 applicants and three finalists, one philanthropic project will be the focus of FAWCO's fundraising activities for the next three years, offering opportunities for local Clubs to make a global difference by contributing toward the achievement of the UN Millennium Development Goals.

Conference participants will also be updated on FAWCO's US Issues – tax, banking, voting and citizenship issues important to Americans.

The FAWCO Foundation will announce education awards winners and development grants recipients and conduct their annual silent auction charity evening.

The conference will be hosted by the American Women's Club of Brussels which was founded in 1949 by 36 American women residents in Belgium. Since then, the Club has grown to exceed nearly 1,000 members.



FAWCO Youth Cultural Volunteers 2014: July 18-27 in Shanghai

The dates for the 2014 FAWCO Youth Cultural Volunteers Program in Shanghai have been set – July 18-27 – with weekends planned as arrival and departure days. The Program will be available for up to 15 FAWCO teens between the ages of 15-18. We would like to thank AWC Shanghai for their generosity and willingness to set up this

year's project.

About FAWCO

Founded in 1931, FAWCO is an international network of independent volunteer clubs and associations. There are 64 member clubs in 36 countries worldwide, with a total membership in excess of 15,000. FAWCO serves as a resource and channel of information among its members, promotes the rights of U.S. citizens overseas; is active as a Non-Governmental Organization (NGO) with special consultative status to the UN Economic and Social Council; and contributes to the global community through its Task Forces and The FAWCO Foundation, which provides development grants and education awards. FAWCO and The FAWCO Foundation also collaborate on emergency funding for disaster relief.

AMERICAN WOMEN'S CLUB LONDON



There are hints of spring in early March; trees are blooming, birds are singing and daffodils are opening in the parks and gardens around the city giving us the signal that it is time to get out and socialize and wake up from our winter blahs.

The American Women's Club, London offers a broad spectrum of activities and social interaction throughout the month to gear up for spring and summer. The travel group will be off to China from 3 to 13 March going to visit many of the "must see" attractions and sampling lots of indigenous delicacies.

Here in London there is plenty going on each and every week. There are many activities that meet every week or once a month that you can mark on your calendar to look forward to regularly. The first Wednesday of the month is the monthly hike, this month will be the Saunderton via Wycombe

Circular via train at the Marylebone Rail Station. It is a fairly easy stroll in the Chilterns, through a mixture of woodland and sloping meadows and a mid-day stop for lunch at a local gastro pub.

Every Monday the MMC group meets at a variety of coffee houses throughout the city, Tuesdays join the Stitching group at the home of one of the members to work on any project that you find interesting or just chat and see what others are working on. Tuesday afternoons you can join in Mah Jong as long as you understand the rules and can play at a competent level. Monday's, Wednesdays and Fridays join the Health & Fitness group for a jog or run through Hyde Park, many of the participants hope to run the St. Albans Half Marathon on June 8th! Thursday afternoons you'll find a large group of cheerful, friendly American women at 11 Pimlico Road, SW1 8NA, at the modern 11 Pimlico gastro pub. Just stop by any time after 4:30 pm to share a drink and few laughs.



Monthly day and evening book clubs, writing group, Spanish conversation, and many Bumps to Jumps are activities are just a taste of what the AWC offers each and every month. Help make a dinner for the families staying at the Ronald McDonald House, serve the homeless at the American Church or bake treats for either as a way to give back to the community with friends from the AWC.

Food, Glorious Food is hosting a fun Macaroon Mania event taught by Caroline Hope of

Tea and Scones. You'll discover the secrets of successfully creating the luscious delights during a hands-on class and take home the delicious results of your efforts.

Our monthly new member coffee is Tuesday, 18 March at the AWC offices at 68 Old Brompton Road, SW7 3LQ, at 10 am. Come meet fellow expats and discuss the highs and lows of life away from "home". All are welcome, current, prospective and past members alike. The monthly meeting is the following Tuesday, 25 March . The meeting will feature Kate Nightingale, a style psychologist, who will discuss how to interpret the dress codes for upcoming events during the social "season". We will be meeting at the Lansdowne Club, 9 Fitzmaurice Place, W1J 5JD, at 10 am for a coffee and a browse through a few local vendor's wares before our speaker's presentation, followed by lunch in a nearby restaurant. Please join us!

Visit http://awclondon.org/

Photos: Wine Tasting Event, Ardingly Antique Fair

THE CHILTERN AMERICAN WOMEN'S CLUB



CHILTERN AMERICAN WOMEN'S CLUB DONATES OVER £13,200 TO LOCAL CHARITIES

The Buckinghamshire Golf Club, February 13, 2014

The Chilterns American Women's Club opened its doors to over 800 people this year to raise money for the Epilepsy Society and HESTIA.

This year the CAWC had a very successful and profitable Charity Christmas Bazaar! With over 55 outstanding specialty vendors, crafters, and local artisans, we were able to raise over £13,200 towards our chosen charities.

At our meeting on February 13, we presented a cheque to the Epilepsy Society for £6,630.70. The Epilepsy Society connects and supports people through a range of charitable services, including a confidential epilepsy helpline, online epilepsy forum, epilepsy campaigns and awareness raising, epilepsy information, website, magazines and e-newsletters, and epilepsy information clinics in hospitals.



HESTIA also received a cheque for £6,630.70. HESTIA stands for Housing and Support for Women and Children Survivors of Domestic Violence and provides a network of domestic violence refuges which offer a place of safety for over 600 women and children each year. The aim is to help them to recover from the trauma of domestic violence through participating in fun, healthy and educational group activities. The activities are devised and led by trained Children and Family workers, who have extensive

experience of supporting traumatized children and their mothers. Hestia can ensure that the children in the refuges have a valuable opportunity to socialize and reconnect with other children, helping to put them on the path to long-term recovery.

The excitement and energy that comes each year with our CAWC Bazaar always rests on the shoulders of a few super individuals. Thank you to our Christmas Bazaar Co-Chairwomen, Maureen Rice and Pam Showalter. Their hard work and determination to make The Christmas Bazaar successful really paid off! Also, a big thank you to our CAWC President Robin Smirnov.

The CAWC is an active group of over 120 expatriate individuals from all over the world. We provide assistance to newcomers in Britain. A very important part of the club is to give back to the

community. We are proud to have raised over £230,000 for local charities over the past 20 years with our annual Christmas Bazaar and look to do much more in the future! Visit us at http://www.cawc.co.uk

kcwc - INTERNATIONAL WOMEN IN LONDON

Upcoming General Meetings: 6 March - Royal Geographical Society

3 April - Royal Geographical Society

8 May - TBD

5 June - Royal Automobile Club

For information about joining kcwc, please contact us at info@kcwc.org.uk, or telephone (020) 7863 7562, and request an information packet which will be posted free of charge. Visit: www.kcwc.org.uk.

AMERICAN WOMEN OF SURREY (AWS)

Founded in 1975, the American Women of Surrey (AWS) is an expatriate club with over 350 members representing almost 40 nationalities. AWS' involvement in local charities gives members the opportunity to make a lasting philanthropic footprint in the community. Since 1981, AWS has raised and donated over £570K in funds and gifts-in-kind, supporting more than 150 charities.



Upcoming American Women of Surrey (AWS) Events. For more information, please visit www.awsurrey.org

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NORTHWOOD AREA WOMEN'S CLUB



Northwood Area Women's Club A Multinational Organization for Women Helping One Another

NAWC is a social club with a very diverse membership. It provides an engaging and very supportive atmosphere for both temporary and permanent residents around Northwood to form friendships, explore London, its environs, history and culture, and to pursue hobbies within the different interest groups.

General Meetings are held on the first Thursday of each month. We normally invite a speaker for meetings or arrange an entertainment for the members.

We support a local charity and endeavour to raise funds for them through the year. This year, we are supporting the Watford Hospital Radio.

Ladies of all ages and nationalities are welcome. For more details, please contact us at: info@northwoodareawomensclub.co.uk or visit our website www.northwoodareawomensclub.co.uk

JUNIOR LEAGUE OF LONDON

Join the Junior League of London this spring!



Every year, the volunteers of the Junior League of London donate their time, energy and abilities to deliver on its mission and help break the cycle of poverty in London.

Interested in getting involved? Read more about membership on our website and attend one of our New Member information sessions. Questions? Email the office at jrleague@jll.org.uk

HAMPSTEAD WOMEN'S CLUB NEARLY NEW SALE, SATURDAY, MAY 17TH, 2014

The Hampstead Women's Club will hold its annual Nearly New Sale at the Rosslyn Hill Unitarian Chapel on the Hampstead High Street on Saturday, May 17th. We will be raising money for Age UK Camden as well as certain other charities still to be determined by members' nominations.

The Nearly New Sale is an opportunity for people to buy gently used children's clothes, toys, prams, cots and much more. A portion of the proceeds are given to charity.

At the 2013 Nearly New Sale, the Hampstead Women's Club raised a total of £4871 for charity. The proceeds were divided among Hampstead Community Centre (£2435.50), Friends of Swiss Cottage School (£1217.75) and Count the Kicks (£1217.75).

The Hampstead Women's Club (HWC) is a multinational social organisation for women living in the London area. Their purpose is to provide a sense of community through social, educational and charitable activities. They provide an abundance of wonderful activities to help women meet people and experience London. Whether someone has been here their entire life or have only just arrived, they are bound to find something that interests them. There are 300 active members from 52 countries involved in the Hampstead Women's Club.

Hampstead Women's Club Nearly New Sale

Date: Saturday May 17, 2014

Time: **10AM - 2PM**

Place: Rosslyn Hill Unitarian Chapel, Rosslyn Hill

For more information please contact Shobha George publicrelations@hwcinlondon.co.uk

ZONTA INTERNATIONAL

Zonta International is a worldwide service organisation and was founded in Buffalo USA by the wives of the early Rotarians, hence it's structure is built on the same lines as this organisation. We are a women's club only and are based in Guildford, with our monthly meetings taking place at the Holiday Inn in Guildford.

Our main aim is to improve the status of women worldwide through:

- Networking and Fellowship (we are an international group)
- · Stimulating Speakers on many subjects
- Leadership programmes for young women
- · Community and international service projects, mainly aimed at helping other women
- · We also organise outings & events.

Website addresses:

Guildford Club: http://www.zontaguildford.org.uk/ email: zontaguildford@zontad29.org

London Club (Central London): http://www.zontalondon.org/

London Southbank Club: www.facebook.com/ZontaLondonSouthbank

HQ: http://www.zonta.org/

ARTS EVENTS IN LONDON: A BRIEF SELECTION – MARCH 2014 AND BEYOND (click the link below to take you to the relevant website)

11 Oct - 27 Apr 2014 <u>The Cheapside Hoard: London's Lost Jewels (a 'must see')</u> A major new remarkable exhibition investigating the secrets of the Cheapside Hoard. This extraordinary and priceless treasure of late 16th and early 17th century jewels and gemstones — displayed in its entirety for the first time in over a century — was discovered in 1912, buried in a cellar on Cheapside in the City of London. Through new research and state-of-the-art technology, the exhibition will showcase the wealth of insights the Hoard offers on Elizabethan and Jacobean London — as a centre of craftsmanship and conspicuous consumption, at the crossroads of the Old and New Worlds. *Venue: Museum of London*





16 Oct - 09 Mar 2014 <u>The EY Exhibition: Paul Klee</u> Paul Klee is a giant of twentieth-century art and one of the great creative innovators of the time. At Tate Modern this autumn, you can rediscover Klee's extraordinary body of work and see it in a new light. Paintings, drawings and watercolours from collections around the world will be reunited and displayed alongside each other as the artist originally intended, often for the first time since Klee exhibited them himself *Venue: Tate Modern*





15 Jan - 19 Apr 2014 <u>Giorgio de Chirico: Myth and Mystery</u> This exhibition offers British audiences a splendid opportunity to explore the enigmatic world of Giorgio de Chirico (1888-1978) through rarely-seen sculptures reflecting the artist's fascination with classical myth and legend. It will also feature a selection of drawings on related themes by the father of pittura metafisica

Venue: The Estorick collection



15 Jan - 23 Mar 2014 *Hannah Höch at The Whitechapel Gallery* Acerbic, astute and funny, Hannah Höch was an important member of the Berlin Dada movement and a pioneer in collage. Splicing together images from popular magazines, illustrated journals and fashion publications, Höch's satirical collages chronicle the intense social change that characterised the early 1900s. *Venue: Whitechapel Gallery*

17 Jan -30 Mar 2014 Taking Shots: The Photography of William S. Burroughs



William S. Burroughs

Taking Shots: The Photography of William S. Burroughs

Factory Photographs: Brooding images of derelict factories by David

Lynch

Photographs 1976 – 1987 by Andy Warhol

Venue: The Photographer's Gallery

31 January to 17 May - Artist Textiles



<u>5 February – 11 May 20124. HOCKNEY, PRINTMAKER.</u> Timed to coincide with the 60th anniversary of the artist's first print this show celebrates David Hockney's long and fruitful career as a printmaker. Over 100 carefully chosen works give a highly instructive and entertaining overview of the artist's

graphic career and reveal the thought and technical expertise that underlies the artist's extensive print *oeuvre*. Venue: Dulwich Picture Gallery

- **13 February 26 May 2014** *Richard Hamilton* One of the most influential British artists of the 20th century, Richard Hamilton (1922-2011) is widely regarded as a founding figure of pop art, who continued to experiment and innovate over a career of 60 years. Tate Modern presents the first retrospective to encompass the full scope of Hamilton's work, from his early exhibition designs of the 1950s to his final paintings of 2011. *Venue: Tate Modern*
- **25 January 6 April 2014** <u>Sensing Spaces: Architecture Reimagined</u> Sensing Spaces: Architecture Reimagined will see the Main Galleries of the Royal Academy of Arts transformed by seven architectural practices from around the world. The RA has commissioned the architects to create site-specific installations; the shared brief is to evoke the experience and power of architecture. The exhibition considers architecture from the angle of the human encounter: how vision, touch, sound and memory play a role in our perceptions of space, proportion, materials and light. Main Gallery *Venue: Royal Academy of Art*
- **15 Jan 23 Mar 2014** *Hannah Höch at The Whitechapel Gallery* Acerbic, astute and funny, Hannah Höch was an important member of the Berlin Dada movement and a pioneer in collage. Splicing together images from popular magazines, illustrated journals and fashion publications, Höch's satirical collages chronicle the intense social change that characterised the early 1900s. *Venue: Whitechapel Gallery*
- 15 March 8 June 2014 Renaissance Impressions: Chiaroscuro woodcuts from the Collections of Georg Baselitz and the Albertina, Vienna The artistic development of sixteenth-century chiaroscuro woodcuts from the collection of the Albertina Museum in Vienna and from the personal collection of Georg Baselitz Hon RA will be explored in this exhibition. Over 100 works have been selected to illustrate this revolutionary, yet short-lived printing technique. Included in the exhibition will be works by the German artists Hans Burgkmaier and Lucas Cranach, who are believed to have pioneered the technique in 1508, as well as works by their European contemporaries in France, Italy and the Netherlands. Sackler Wing. Venue: Royal Academy of Art
- **30** January **27** April **2014** A Dialogue with Nature: Romantic landscapes from Britain and GERMANY explores aspects of Romantic landscape drawing in Britain and Germany from its origins in the 1760s to its final flowering in the 1840s. The exhibition brings together 26 major drawings, watercolours and oil sketches by artists including J.M.W. Turner, Samuel Palmer, Carl Philipp Fohr, and Caspar David Friedrich. The exhibition is a collaboration between The Courtauld Gallery and The Morgan Library & Museum in New York and draws upon the complementary strengths of both collections. Venue: The Courtauld Gallery until 15 Jun 2014
- **6 Mar -22 June 2014** *VIKINGS: life and legend* In March 2014 the British Museum will open the Sainsbury Exhibitions Gallery with a major exhibition on the Vikings, supported by BP. The exhibition has been developed with the National Museum of Denmark and the Staatliche Museen zu Berlin (National Museums in Berlin) and focuses on the core period of the Viking Age from the late 8th century to the early 11th century. The extraordinary Viking expansion from the Scandinavian homelands during this era created a cultural network with contacts from the Caspian Sea to the North Atlantic, and from the Arctic Circle to the Mediterranean. *Venue: British Museum*



The National Portrait Gallery is commemorating the centenary of the First World War with a four-year programme of exhibitions, displays, public events and learning projects. The two major activities in 2014 are The Great War in Portraits, a free exhibition of images of individuals involved in the conflict, and National Memory — Local Stories, a creative participation project that uses significant objects in local museums to engage young people from around the country with the centenary. FREE *Venue: National Portrait Gallery*

19 Mar -15 June 2014 Veronese: Magnificence in Renaissance Venice The National Gallery owns ten paintings by Veronese and these will be displayed next to other major works by the artist which has been loaned by European and American museums to form a display of about 50 works. These will offer visitors the opportunity to enjoy his magnificent visions such as 'The Family of Darius before Alexander' and the 'Allegories of Love'; a series of four paintings which each concentrate on a specific aspect – 'Unfaithfulness', 'Scorn', 'Respect' and 'Happy. Venue: The National Gallery

19 Mar -25 March 2014 BADA Antiques and Fine Art Fair Make a date now, to visit this internationally acclaimed event which runs for just seven days: 19 – 25 March 2014. Browse and buy top quality art and antiques, offered for sale by Britain's best. All exhibitors are members of the prestigious British Antique Dealers' Association, carefully selected for membership for their knowledge, integrity and expertise. The range of exhibits for sale is dazzling: furniture, paintings, clocks, ceramics, silver, jewelry and much more can all be found under one roof in the heart of Chelsea. There is something for everyone from the first time buyer to the seasoned collector, with prices ranging from £100 to six figure sums. Venue: Duke of York Square, by Sloane Square, London

Complied by Abby Cronin. Thank you to Abby Cronin for these listings. You may also know Abby as a writer for the Arts & Antiques features in *American in Britain* magazine.

Please email artsjournalist@abbycronin.co.uk or visit www.abbycronin.co.uk

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